

Leeds Schools Athletics Association

LSAA Cross Country League 2018/19

Races	Date	Time	Venue
Race 1 Middleton Park, The Clearings	29 th Sept 2018	1 st race starts Prompt at 10am	Middleton Park (next to the John Charles Centre for Sport, Middleton Grove, Leeds, LS11 5DJ.)
Race2 Cardinal Heenan Catholic High School	Sat 13 th Oct 2018	1 st race starts Prompt at 10am	Cardinal Heenan Catholic High School , Tongue Lane, Leeds, LS6 4QE
Race 3 Prince Henry's GS Otley	Sat 24 th Nov 2018	1 st race starts Prompt at 10am	Wharfe Meadows Park , Farnley Lane Otley, LS21 2RW.
Race 4 Trials Corpus Christi	Sat 15 th Dec 2018	1 st race starts Prompt at 10am	Corpus Christi Catholic High School , Neville Road, Leeds. LS9 0TT
Race5 Middleton Park, The Clearings	Sat 9 th March 2019	1 st race starts Prompt at 10am	Middleton Park (next to the John Charles Centre for Sport, Middleton Grove, Leeds, LS11 5DJ.)

The race order is as follows

- 1- U9 Girls Approx distance 900 metres
- 2- U9 Boys Approx distance 900 metres
- 3- U13 Girls Approx distance 2,900 metres
- 4- U13 Boys Approx distance 3,600 metres
- 5- U11 Girls Approx distance 1500 metres
- 6- U11 Boys Approx distance 1500 metres
- 7- U15 Girls Approx distance 3,600 metres
- 8- U15 Boys Approx distance 4,000 metres

First 4 runners to count towards team score in all races.

All races will start as soon as the previous race has cleared the course.

High school races may merge if the number of athletes is low.

Please aim to arrive well ahead of start time to register your teams and ensure they have time to familiarise the athletes with the course route and to warm up. Teachers / appointed adult will need to collect tags and record runner's positions on the envelope and then hand the envelope into the appointed official. Full results will be published on the LSAA website after the event.

Following an incident at a race recent years schools are reminded that these events should be recorded on Evolve as either stand-alone events or as part of their extra curricular evolve entry. It should also clearly state if responsibility for supervising athletes has been delegated by the schools to parents or another responsible adult.

Organiser will not accept an entry form without an emergency contact name and a mobile number for the school which will be answered on a Saturday morning.

These events are only made possible by colleagues supporting the set up and removal course, plus the supervision and administration on the day. All schools entering are expected to support at least one event a year please confirm which one on the entry form. Unfortunately if a school is not able to fulfil this expectation LSAA will have to decline your entry.

All schools must be affiliated to Leeds Schools Sports Association (LSSA) to take part either through the A Sports Partnership or Active Schools SLA or by direct affiliation. We would like to take this opportunity to wish you all the best of luck with your training and we look forward to seeing you on the day. Please complete the entry form below and return it asap, if you have any further enquiries, please do not hesitate to contact me on 07594087903 or cpyatt@holymfamilyleeds.co.uk

Leeds Schools Athletics Association

2018/19 LEEDS CROSS COUNTRY LEAGUE ENTRY FORM

If you would like to enter your school into the Leeds Cross Country League, please complete and return the entry form below as soon as possible. Information about individual races will be posted on LSAA website.

Name of School-

Member of staff in charge / delegated responsible adult-

Email-

Please state which race your school will be able to support-
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Race	Confirm entry	Race	Confirm entry
U9 Girls		U13 Girls	
U9 Boys		U13 Boys	
U11 Girls		U15 Girls	
U11 Boys		U15 Boys	

Filming & Photography

- * Please ensure that the member of staff in charge is aware of which pupils can/cannot be photographed
- * Pupils who cannot be photographed must be identified to race organisers
- * Only images taken by that person can be used by the school
- * All persons accompanying the school must be informed of the following:

They may take photographs, however;

- * they must not display or distribute images taken unless they have consent to do so from the school;
- * they must not use images which may cause distress;
- * they must not use a mobile telephone to take images;
- * they must not take images "in secret" or take images in situations that may be construed as being secretive;
- * they must not take images of single children/young people with no surrounding context;
- * they should ensure that in all images taken children/young people are dressed appropriately
- * and that any inadvertent photograph taken of a child wearing a yellow wristband must be destroyed.

First Aid

In the first instance staff are responsible for providing first aid to the children they have brought to the event. There will be support for larger instances. Please ensure you bring sufficient first aid supplies.

Risk Assessments / Evolve Notification

It is the responsibility of individual schools to have appropriate risk assessments in place for all activities they attend. LSAA, SGO's and Active Schools will not send risk assessments direct to Schools. They should download the sample Cross Country risk assessments from Evolve it is titled RA Cross Country and can be found under the PE tab and then personalise it you might want to also include the Event RA. As always a Transport risk assessment will be required.

Signed..... Date.....

Print Name..... Position

School Emergency contact name , email + mobile number-(Mob nos must work on race day)

Name-
Email-
Emergency Mob Nos-

**Please return by email to Charlie Pyatt
cpyatt@holymfamilyleeds.co.uk**