

## LSAA Cross Country Course map Wharfe Meadows

Race Order	Course Route	Approx distance
U9	A-B-C-F-G-L-J-K-Finish	900 m
U13	A-B-C-D-E-F-G-H-I-J-K x2laps	2900 m
U11	A-B-C-D-E-F-G-H-I-J-K -Finish	1500 m
U15	A-B-C-D-E-F-G-H-I-J-K x2laps, then A-B-C-D-K Finish	3,600 m

U13 & U15 races may be amalgamated if athlete numbers permit.

